



POSITIVE WORK ATTITUDE AND BEHAVIOURS

OBJECTIVES

- Create a positive & empowering work environment
- Analyze & resolve issues by creating & adopting the “attitude advantage”
- Uncover your mental blueprint - change! & install winning programs
- Check & control your Little Voice is NOT sabotaging your work success

COURSE CONTENT

- Power Of A Positive Attitude
- The Controlling Forces That Direct Your Life – Mental Blueprint/Map
- Change Management - Breaking Bad Habits
- Eliminate Unempowering Thoughts & Emotional Scars
- Creating Positive Internal & External Language
- Energy Management
- The Secret Of The Law Of Attraction/Law Of Focus

ADMINISTRATIVE DETAILS

Date : January 21 - 22, 2026

Time : 9.00am – 5.00pm

Venue: FMM Selangor & Kuala Lumpur Branch

No 8A, Jalan Pensyarah U1/28, Hicom Glenmarie Industrial Park, 40150 Shah Alam, Selangor.

Fees : FMM Members – RM 1,350.00 per participant

Non-Members – RM 1,560 per participant

(inclusive of 8% service tax)

(Fees include course materials, Refreshments and Certificate of Attendance)

TRAINER PROFILE

Ms. Rachel Khor is a Certified NLP Trainer, PSMB Certified Trainer & a Certified Hypnotherapist. Besides being a EQ Trainer, she is also a Master Trainer in Customer Service, Communication & Negotiation Skills trained in USA & Australia. She has honed & fine-tuned her training skills & techniques over a period of 18 years of varied business experiences as well as running her own event management company. She holds a degree in Business Studies from the University of Bradford (UK). She is a Master Trainer in Mind Mastery, Silva Mind Method, Mind Frame Techniques, Edward De Bono's Creativity & Lateral Thinking courses. She is also trained in various areas of Leadership & Stephen Covey's Habits of Highly Effective People. She is a keen practitioner of Mind Mapping & Mind Power strategies by Tony Buzan. She is also trained in Sales Dog Training, Millionaire Mindset & Guerrilla Business Intensive. She has been coached & trained with some of the best world class trainers, business gurus, leading coaches & entrepreneurs including Anthony Robbins, Robert Kiyosaki, Blair Singer, Harv Eker, John Maxwell, Jay Abraham, Joel Roberts (communication guru), Dr Joe Vitale (hypnotic marketing), Jose Silva, Burt Goldman, among many others. She uses all her training & knowledge in neuro linguistics programming, hypnotherapy, laws of attraction, mind mastery, principles of success, science of getting rich, psychology, human behaviour analysis, coaching, counseling & years of training to deliver the RESULTS DESIRED EVERY TIME. She mixes no nonsense pragmatic information with creative mind power & mindset changing strategies to make the course powerful & results oriented.

WHO SHOULD ATTEND

For all staff at all levels of the organization.

Get **10% DISCOUNT** if you send 3 or more participants for the same programme!



For further inquiries please contact:

Siti Nazihah /Azrini

FMM Institute Selangor & Kuala Lumpur Branch

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azrini@fmm.org.my

Visit us at: www.fmm.edu.my / www.fmm.org.my

REGISTRATION FORM

POSITIVE WORK ATTITUDE AND BEHAVIOURS

January 21-22, 2026 (Wednesday-Thursday) FMM SELANGOR & KUALA LUMPUR BRANCH

FMM Institute Selangor (SST No: W10-1901-32000105 | **COID: (475427W_SELANGOR)**)

Email: siti_nazihah@fmm.org.my/ azrini@fmm.org.my

Tel: 03-5569 2950/4471/4171

Please register the following participant(s) for the above programme:

1. Name	Designation	Email
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Nationality	IC/Passport No.
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2. Name	Designation	Email
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Nationality	IC / Passport No.
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(If space is insufficient, please attach a separate list)

Disclaimer

Registration is on a first-come first-served basis. All cancellations must be made in writing. There will be no charge for cancellation received 14 or more working days before the start of the programme. Cancellation received 7 – 14 working days before the start of the programme is subject to a cancellation fee of 50% of the programme fees. Cancellation received 6 working days and below before the start of the programme is subject to a cancellation fee of 100% of the programme fees. If the participant fails to attend the programme or less than 75% attendance, the full programme fees are payable. However, replacement can be accepted at no additional cost. The FMM Institute reserves the right to change the speaker, reschedule or cancel the programme and all efforts will be taken to inform participants of the changes.

We hereby confirm that (Please tick accordingly):

☐ We will be claiming from HRD Corp and full payment would be made to FMM Institute in the event that no disbursement from HRD Corp under any circumstances.

☐ We will NOT BE CLAIMING from HRD Corp. Payment will be made to account payee FMM Institute by cheque or bank transfer to Maybank Account No 5-62106-64719-2

Submitted by:

Name:

Designation:

Email:

Company:

FMM Membership No. :

My Corporate Identity No.:

Company Address:

Tel No.:

Fax No.:

Date: